

### How to create your

## Adventurous Journey Report

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#### First, tell us about your Practice Journey

- Where did you go? When did you go?
- What did you do?
- How did this prepare you for the Qualifying Journey?
- Did you complete your Preliminary Training?
  [Length guideline: 1-2 paragraphs]



#### Next, write about your Qualifying Journey

- Where did you go? When did you go?
- Who went with you? Were they also working towards an Award?
- What did you do while you were on the trip?
- How far did you travel under your own power?
- What did you learn? What did you see?
- What was most challenging about this journey?
- What would you do differently next time?

(Length guideline 1-2 pages (Br), 2-3 pages (Si), 3-4 pages (G)) Many participants find recording their trip as a journal to be helpful.



#### Make sure you include:

- Personal equipment list (what did you bring?)
- Group equipment list (what did you share with others?)
- First-aid and safety equipment list (what was in the first-aid kit?)
- A route map (indicating your route, campsites and distances)
- Trip menu (what did you eat?)

These materials should be the participants own and not one provided to them. Each participant must complete their own report.



The format for the report is flexible! Include pictures, make a PowerPoint or create a video. It doesn't have to be boring! Be Creative!

#### If you did an Exploration

Be sure to add:

- A summary of your pre-trip research (how did you learn about your topic before the trip?)
- A description of your study (how did you explore your topic while on the trip?)
- The findings of your study (what did you discover as a result of your study?)